

O'ZBEKISTON RESPUBLIKASI
OLIV TA'LIM, FAN VA INNOVATSIYALAR VAZIRLIGI
NAMANGAN MUHANDISLIK – QURILISH INSTITUTI

NamMQI
O'quv-uslubiy boshqarma
№ 90
«30» 08 2024 y.

“TASDIQLAYMAN”

Namangan muhandislik – qurilish instituti
rektori

Sh. Ergashev

2024 yil



O'QUV DASTURI

Bilim sohasi

1000 000 - Xizmatlar

Ta'lim sohasi

1 020 000- Gigiyena va ishlab chiqarishda
mehnat muhofazasi

Ta'lim yo'nalishi

61020200-Mehnat muhofazasi va texnika
xavfsizligi (tarmoqlar bo'yicha)

Namangan 2024

Fan/modul kodi	O'quv yili	Semestr	ECTS - Kreditlar
XT12408	2024-2025	2,4	4,4
Fan/modul turi	Ta'lim tili	Haftadagi dars soatlari	Jami yuklama (soat)
Majburiy	O'zbek	4,4	240
I	Fanning nomi	Auditoriya mashg'ulotlari (soat)	Mustaqil ta'lim (soat)
	Xorijiy til	120	120
2	I. Fanning mazmuni		
	Fanni o'qitishdan maqsad - Nofilologik yo'nalishlarda Xorijiy tilni o'rgatishdan asosiy maqsad kelgusi mutaxassislarda kundalik hayotlari, ilmiy va kasbiy faoliyatlarida chet tilidan erkin foydalanuvchi mutaxassislarni tayyorlash. Shu bilan birga, ularda vatanparvarlik hissini rivojlantirish, mustaqil izlanish, bilim va ko'nikmalarini darsdan tashqari paytda ham, OTMni bitirganlaridan keyin ham rivojlantirish, hamda umumshahar va sohaga oid mavzularda ilmiy maqolalar yoza olish, mantiqiy fikrlash qobiliyatlarini rivojlantirishdan iborat. Fanning vazifasi - Talabalarning nutq (o'qish, yozish, tinglab tushunish, gapirish), til (leksik, grammatik), ijtimoiy-madaniy va pragmatik kompetentsiyalarini rivojlantirish;		
	- ilmiy, kasbiy va maishiy faoliyatga bog'lik mavzular yuzasidan og'zaki va yozma bayon etish ko'nikma va malakalarini rivojlantirish;		
	- umumshahar va milliy qadriyatlar bilan tanishtirish, madaniyatlararo bag'rikenglik va millatlararo hamdustlik hislarini singdirish;		
	- ilmiy va kasbiy faoliyatda qo'llaniladigan termin va atamalarni o'rgatish;		
	-talabalarning ilmiy va sohaviy yo'nalishlaridan kelib chiqib, mustaqil ish topshiriqlarini to'g'ri va aniq ko'rsatmalar berish orqali tashkil etish. Yuqoridagi maqsad va vazifalar "Xorijiy til" fanining asosiy mazmunini belgilaydi.		
	II.Asosiy amaliy qism		
	II.I. Amaliy mashg'ulotlar uchun quyidagi mavzular tavsifiya etiladi:		
	Ist-Term		
	1. Nice to meet you (Verb "to be", possessive adj., verbs "have, go, live, like")		

2. Nice to meet you (A student's blog, Where's Maria, Talking about you)
3. Work and family life (Personal pronouns, Questions and negatives, Opposites)
4. Work and family life (Worlds apart, Describing jobs, Talking about family)
5. Time off (Personal pronouns, Plurals, Seasons and months, How do you relax)
6. Time off (Busy weekends, Work-life balance, from filling)
7. Reading and writing activities. Topic: Safety
8. House and home (There is/are, Demonstrative pronouns, Prepositions of place)
9. House and home (Some/any/a lot, adjectives, The Houses of Parliament)
10. Reading and writing activities. Topic: Occupational Safety and Health Administration
11. Super U! (Modal verb "Can", collocations and word combinations)
12. Super U! (A talented family, Great talents, A formal e-mail)
13. Reading and writing activities. Topic: The National OHS
14. Lessons in life (Past simple, Regular-Irregular verbs, Time expressions)
15. Lessons in life (Describing feelings, The meaning of life, The year I was born)
16. Reading and writing activities. Topic: Hazards
17. Remember when... (Past simple, Prepositions and adverbs, Time expressions)
18. Remember when... (H.Lamar and R.Franklin, The good old Days)
19. Reading and writing activities. Topic: Dangers of dust in the workplace
20. Love it or hate it (Countable/uncountable nouns, indefinite article, some/any)
21. Love it or hate it (Food and drink, Daily needs, A meal to remember)
22. Reading and writing activities. Topic: How can noise be controlled?
23. Life in the city (Comparative/Superlative adj, Have got, Prepositions of directions)
24. Life in the city (Town and country, Life at the top, An American in London)
25. Reading and writing activities. Topic: Poor lighting
26. What are you up to (Present Continuous, Whose or Who's, Describing people)
27. What are you up to (A minute in the life of the world, What's happening in the world)
28. Reading and writing activities. Topic: Thermal Comfort

29. Going for it (To be going to, Infinitive of purpose, Seeing the future now)
 30. Going for it (Places and activities, What's the weather like?, Human towers)

2 nd-Term

1. Getting to know you (Tenses and questions, Who's or whose, Right or wrong)
2. Getting to know you (A blind date, 3 types of friends, Filling in forms)
3. Reading and writing activities. Topic: Life Safety
4. Let's get together (State verbs, have vs have got)
5. Let's get together (My perfect day, The Independence quiz, Getting on with...)
6. Reading and writing activities. Topic: Safety engineering
7. Good news, bad news (Past Simple vs Past Continuous, Adverbs)
8. Good news, bad news (A spy story, Narrative writings)
9. Reading and writing activities. Topic: An industrial safety system
10. Food for thought (Articles, Expressions of quality)
11. Food for thought (A piece of cake, Recipes for success, At the shops)
12. Reading and writing activities. Topic: Occupational Safety and Health Act (United States)
13. The future's in your hands (Will/going to/Present continuous for future)
14. The future's in your hands (Verb patterns/Phrasal verbs, Different generations)
15. Reading and writing activities. Topic: Safety for fires and explosions in underground mines
16. History repeats itself (Present Perfect, Word endings, Word stress)
17. History repeats itself (The not so distant past, Family history, A biography)
18. Reading and writing activities. Topic: Fire Detection and Warning Systems
19. Simply the best (Comparatives and superlatives, Synonyms and antonyms)
20. Simply the best (Favourite pictures, The best things in life are free)
21. Reading and writing activities. Topic: Mime rescue
22. Living dangerously (Have to/should/must, Not a thing to wear)

23. Living dangerously (2 stuntwomen and a stuntman, A health and fitness quiz)
24. Reading and writing activities. Topic: Chilean mining accident.
25. What a story! (Past Perfect and Narrative Tenses, joining words)
26. What a story! (Feelings, The train journey, Young adult literature)
27. Reading and writing activities. Topic: Indian state of Meghalaya in December 2018

28. All time greats (All passive tenses, Words that go together)

29. All time greats (The world's most loved football team, The world's No1 habit)
30. Reading and writing activities. Topic: Discuss with a partner: which mining accidents and rescue operations have been in the news recently

III. Amaliy mashg'ulotlar bo'yicha ko'rsatma va tavsiyalar

Ushbu dastur talabalar uchun belgilab berilgan V2 (CEFR) va undan yuqori darajalarni egallashga qaratilgan. Ushbu darajaga erishish talabalarda ilmiy va sohaviy faoliyatda yuzaga keladigan til bilan bog'liq vaziyatlarda erkin muloqotga kirish ishlarini va vaziyatni samarali hal qilishlarini ta'minlaydi. Namunaviy dastur asosida kafedralarda nofilologik yo'nalishlar uchun mutaxassislik doirasidan kelib chiqib sillabuslar va amaliy mashg'ulotlar kontenti ishlab chiqiladi.

Amaliy mashg'ulotlarda nutqiy kompetentsiyaning o'qish, yozish, tinglab tushunish va gapirish ko'nikma va malakalari integratsiyalashgan ravishda olib boriladi. Mavzuning mohiyati va mutaxassislik xususiyatlaridan kelib chiqib, u yoki bu ko'nikma va malaka darslarda asosiy deb olinadi. Bunda pedagog turli pedagogik metod va texnologiyalardan unumli foydalanishi maqsadga muvofiq bo'ladi. Masalan:

Dialog - ijtimoiy mavzularda suhbat va norasmiy dialog; kasbiy yoki boshqa mavzularda rasmiy va norasmiy munozaralar; munozarani boshqarish, intervyu, muzokaralar va telefon orqali muloqot olib borish;

Monolog - ixtisoslikka oid mavzularda ma'ruza tayyorlash va o'qish; munozara, dalil va isbotlarni olg'a surish, fikrni asoslab berish; maxsus mavzularda taqdimot tayyorlash hamda chiqish qilish; ma'lumotlarni umumlashtirish, maqolalar yozish, muhokama qilish;

O'qish – tanishuv o'qish, ko'z yugurtirib o'qish va sinchiklab o'qish ko'nikma va malakalarini rivojlantirish; xat-xabar, yozishmalar va elektron pochmani o'qish; maxsus materiallarni o'zida aks ettirgan autentik matnlarni o'qish; maxsus so'z va terminlarga ega matnlarni, ilmiy va kasbga oid adabiyotlarni, elektron manbalar va matbuot materiallarini o'qish; Yozma nutq – turli yozishmalar, xat-xabarlar va maxsus dokladlar (eslatma CV va hokazo) yozish; esse, bayon, rezyume, tadqiqot ishi (maqolalar, bitiruv malakaviy ishlar) yozish;

Tinglab tushunish - autentik materiallarni 2 marta eshitib asosiy mazmunini tushunish, zarur axborotni olish va uni bayon eta olish; kundalik yangiliklar, reportajlarni, film qahramonlari nutqini tushunish.

Bilim va ko'nikmalarni sohaga yo'naltirish

Kasbga yo'naltirilgan bosqichning asosiy maqsadi:

- Nutq turlari bo'yicha kasbiy sohada chet tilini amaliy egallash;
- talabani ijodiy shaxs sifatida rivojlantirish;
- soha bo'yicha adabiyotlarni tarjima qilish malaka va ko'nikmalarini rivojlantirish.

IV. Mustaqil ta'lim va mustaqil ishlar

Xorijiy til fanidan mustaqil ishlarning maqsadi – amaliy mashg'ulotlar davomida olingan bilim va ko'nikmalarni yanada mustahkamlash va takomillashtirishdan iborat ekan, bunda albatta fan o'qituvchisi tomonidan ishlab chiqilgan mustaqil ta'lim topshiriqlari dars mashg'ulotlari mavzusidan kelib chiqqan bo'lib, ko'tarilgan mavzular magistr'larga loyihalashlarini amalga oshirish va taqdimotlar (slyad, hisobot, muammoli vaziyat va h.z.) tayyorlashlariga,

yuklatilgan mavzularga ijodiy yondoshishlariga imkon yaratishi, hamda har 4 ko'nikma va malaka (o'qish, yozish, tinglab tushunish va gapirish)ni o'z ichiga olishi lozim.

Mustaqil ta'lim uchun tavsiva etiladigan topshiriqlar:

Mustaqil ta'lim topshiriqlarini “**Ibrat farzandlari**” <https://ibratfarzandlari.uz/en/platformasidagi-usbu> (<http://oneink.to/5ny2yz>) havola orqali video darslarni o'rganish tavsiva etiladi.

1. Me and my family (taqdimot tayyorlash)
2. My future plans (insho yozish)
3. A place where I study (og'zaki so'zlab berish)
4. Adapting issues of freshers (case-study tayyorlash)
5. Sightseeings of my birthplace (videorolik tayyorlash)
6. Technical safety (taqdimot tayyorlash)
7. My occupation (insho yozish)
8. My friend (og'zaki so'zlab berish)
9. Technical safety in workplace(case-study tayyorlash)
10. How I spend my day off (videorolik tayyorlash)

3 V. Fan o'qitilishining natijalari (shakllanadigan kompetentsiyalar)

fanni o'zlashtirish natijasida talaba:

- nutqi (o'qish, yozish, tinglab tushunish, gapirish), tili (leksik, grammatik), ijtimoiy-madaniy va pragmatik kompetentsiyalari oshadi;
- ilmiy, kasbiy va maishiy faoliyatga bog'lik mavzular yuzasidan termin va atamalarni o'rganishi natijasida og'zaki va yozma bayon etish ko'nikma va malakalari rivojlanadi;

- umumshahar va milliy qadriyatlar bilan tanishish orqali madaniyatlararo bag'rikenglik va millatlararo hamdo'stlik, vatanparvarlik tuyg'ulariga ega bo'ladi.

4 VI. Ta'lim texnologiyalari va metodlari:

- dialog, monolog, debat;

<ul style="list-style-type: none"> • tanishuv o'qish, ko'z yugurtirib o'qish va sinchiklab o'qish; • muammoli vaziyat va keys - stadilar; • mantiqiy fikrlash, tezkor savol-javob, aqliy hujum; • guruhlarda ishlash; • taqdimotlar qilish; • individual loyihalar; jamoa bo'lib ishlash va himoya qilish uchun loyihalar va hokazo. 	<p>5 VII. Kreditlarni olish uchun talablar:</p> <p>Fanga oid nazariy va uslubiy tushunchalarni to'la o'zlashtirish, tahlil natijalarini to'g'ri aks ettira olish, o'rganilayotgan jarayonlar haqida mustaqil mushohada yuritish oraliq nazorat shakllarida berilgan vazifa va topshiriqlarni bajarish, yakuniy nazorat test ko'rinishida topshirish.</p>
<p>6 Asosiy adabiyotlar</p> <ol style="list-style-type: none"> 1. Bokieva G. X., Rashidova F. M. Va boshqalar. Scale up, Student's book, Course 1,2,3. T. Gafur Gulom, 2015. 2. Bokieva G.X., Rashidova F.M va boshqalar. Scale up, Workbook, Course 1,2, 3 - T. Gafur Gulom, 2015. 	<p>Qo'shimcha adabiyotlar</p> <p>Xorijiy til (ingliz tili uchun)</p> <ol style="list-style-type: none"> 1. "British Council - EQUALS Core inventory for general English". - Copyright British Council/EQUALS, ISBN:978-086355-653-1,2010 2. Bokieva G. X., Rashidova F. M. Va boshqalar. Scaleup. Teacher's book. Course1,2,3.-T. Gafur Gulom, 2015 3. Alovitdinova X., Radjabova D. va b. English for ESL and ESP learners. – T.: TMU, 2012. 4. Martin Seviour Word Wise. Study skills in English for higher education students in Uzbekistan /"Sharq" publishing house, T.1997. 5. Tilbury A., Hendra L. A. English Unlimited. Upper Intermediate B2. Student's

<p>Book.Cambridge University Press,2011.</p>	<ol style="list-style-type: none"> 6. Tilbury A., Hendra L. A. English Unlimited. Upper Intermediate B2. Teacher's Book. - Cambridge University Press,2011. 7. Jordan, R. English for Academic Purposes. - Cambridge University Press, 1997. 8. Babaeva S.R. Ingliz tili. Biologiya fakulteti talabalari uchun o'quv qo'llanma. Toshkent - 2015. 9. Babaeva S. R. The science of life. Toshkent - 2014. 10. Ужик В. О., Черкашина Н. И., Сергеева О. А. "English for Geographers": Харьков 2008 11. Veginia Evans-Janny Dooley coursebook "Interprise" Express Publishing, 2010. 12. Veginia Evans-Janny Dooley workbook "Interprise" Express Publishing, 2010. 13. Alex Frith, Minna Lacey, Lisa Jane Gillespie, What is Maths all about? Osborne Publishing Ltd -2012 . <p>Axborot manbaalari</p> <ol style="list-style-type: none"> 1. https://onelink.to/5ny2yz 2. https://ibratfarzandlari.uz/en/ 3. http://iteslj.org/ 4. www.langenscheidt.de/optimal. 5. www.daad.de/international-programmes. 6. www.goethe.de/taschkent.
<p>7</p>	<p>Fanning o'quv dasturi Namangan muhandislik qurilish instituti Kengashining "R" 08 2024 yildagi № 1. - sonli bayoni bilan tasdiqlangan</p>
<p>8</p>	<p>Fan/modul uchun mas'ullar:</p> <p>B.Razzakov - NamMQI, Xorijiy tillar kafedrası o'qituvchisi.</p>

9

Taqirizchilar:

D.Xoshimova – NamMTI, “Xorijiy tillar” kafedrası mudiri, filologiya fanlari doktori;

B.Xolmirzaev – NamMTI, “Xorijiy tillar” kafedrası dotsenti.